

Sun Protection Policy



NATIONAL QUALITY STANDARD (NQS)

QUALITY AREA 2: CHILDREN'S HEALTH AND SAFETY		
2.1	Health	Children have the right to experience quality education and care in an environment that safeguards and promotes their health, safety, and wellbeing.

Purpose

All department school sites, and early childhood education and care services must have a sun protection policy in effect for school terms 1, 3 and 4 and whenever ultraviolet (UV) radiation levels reach 3 or above.

Sites must inform the preschool/kindergarten/children's centre community including employees, students, parents, and volunteers of the sun protection policy. Wherever possible, children and young people are encouraged to be responsible for their own sun protection.

Using sun protection

This site uses a combination of sun protection measures for all outdoor activities on- and off-site **during terms 1, 3 and 4** and whenever ultraviolet (UV) radiation levels reach 3 or above including:

Clothing

Sun protective clothing should be provided for children to wear at this site. Clothing should be cool, loose fitting and made of closely woven fabric. This includes shirts with elbow length sleeves, longer style dresses and shorts and rash tops or t-shirts for water play.

Sunscreen

Children with allergies are asked to provide their own SPF50+ (or higher) broad spectrum, water resistant sunscreen and the site supplies SPF50+ (or higher) broad spectrum, water resistant sunscreen for children's use.

Parents are asked to apply sunscreen in the morning before they come to kindy. If parents forget sunscreen is available for parents to apply to their child at the beginning of the day. Sunscreen is applied at least 20 minutes before going outdoors and applied before lunch.

Strategies are in place to remind children to apply sunscreen before going outdoors such as visual and verbal reminders.

Families with children who have naturally very dark skin are encouraged to discuss their vitamin D requirements with their GP or paediatrician.

Hats

All children are required to wear hats that protect their face, neck, and ears e.g., legionnaire, broad brimmed or bucket hats, whenever they are outside. Baseball or peak caps are not acceptable. Hats are provided by the kindergarten as part of the fees.

Temperature

When temperature maximums are forecast 36c or above (as listed on the Bureau of Meteorology website www.bom.gov.au) the outdoor temperature will be monitored and children's play will be restricted to the air conditioned indoor environment once the temperature reaches 36c.

Shade

Care is taken during the peak UV radiation times, and outdoor activities are scheduled outside of these times or in the shade where possible. Outdoor events are scheduled to be held during term two or earlier in the day where practical.

Children are encouraged to use available areas of shade when outside.

Children who do not have appropriate hats or clothing are asked to stay in the shade or a suitable area protected from the sun. Spare hats and clothes are provided by the kindergarten, however these are limited.

Curriculum

- Sun protection is incorporated into the learning and development program.
- The SunSmart policy is reinforced through staff and children's activities and displays.
- Staff and families are provided with information on sun protection through family newsletters, noticeboards and the preschool's website.

Staff

As part of WHS UV risk controls and role modelling, when the UV radiation is 3 and above, staff:

- Wear sun protective hats and clothing when outside.
- Apply SPF 50 or higher broad spectrum, water resistant sunscreen.
- Seek shade whenever possible.

Supporting information

The information has been extracted from the [Cancer Council SA SunSmart policy](#).

Record history

Published date: August 22

Approvals

Status: Approved

Version: 0.1

Approved by: Name | Stephanie Mills Greenwith Kindergarten

Approved by: Name | Governing Council

Approval date: 17 August 2022

Next review date: 31 July 2024 (must be 3 years from the approved date)

Revision record

(List the revision record in order of most recent updates at the top)

Version: 2.0

Approved by: Name | Director, Site Name

Approved date: 10 September 2024

Next review date: 10 September 2026

Amendment(s): added in when UV is above 3 at anytime.

Version: 1.0

Approved by: Name | Director, Site Name

Approved date: 14 September 2022

Next review date: 10 September 2024

Amendment(s): document creation.